

NOVEMBER 2015 EVENT AND ACTIVITY LISTINGS

GLENDALE, Ariz. – The following featured events are offered from Glendale's Parks and Recreation and Library divisions in November. The programs are free unless otherwise stated. To see many more events and activities, please visit www.glendaleaz.com/ParksandRecreation and www.glendaleaz.com/library.

New Crafty Mondays & Tech Tuesdays

At the Glendale Adult Center, 5970 W. Brown St.

For more information, call 623-930-4321 or visit <http://www.glendaleaz.com/adultcenter/classesandprograms.cfm>.

Crafty Mondays

1 p.m., second & fourth Mondays of the month

Join us for fun, easy craft projects that will develop your creativity. All craft skill levels are welcome. A small fee for craft supplies may apply.

Tech Tuesdays

10 to 11 a.m., every Tuesday

Interested in learning more about computers? Join this discussion group driven by your interests. Content may apply to usage of your home computer, tablets, or other mobile devices. Free for members, but limited to the first four signups per week.

Teen Library Council Meeting

6 p.m., Monday, Nov. 2, at the Glendale Main Library, 5959 W. Brown St.

6:30 to 7:30 p.m., Thursday, Nov. 19, at the Velma Teague Branch Library, 7010 N. 58th Ave.

Earn volunteer service hours, have fun, and meet new people, all while helping to make YOUR library a better place. Help select books and music for the library and participate in the planning and presentation of library events. Ages 12-18. Registration required. For more information and to register, call 623-930-3537 (Main), 623-930-3437 (Velma Teague), or visit www.glendaleaz.com/library.

Yoga

At the Foothills Recreation & Aquatics Center, 5600 W. Union Hills Dr.

Get focused, fit and flexible! Call 623-930-4600 or visit www.glendaleaz.com/parksandrecreation to register.

Gentle Yoga

9 to 10:15 a.m., Tuesdays for 6 weeks beginning Nov. 3

Yoga "calms the howling of the mind." Instruction combines breathing with stretches and bodywork. Most of the class is done on the floor on a soft mat, with variations for those who prefer to sit on a chair. Wear exercise clothes and bring a foam rubber exercise mat and towel. Ages 16+. The class is \$49 (non-resident \$59), and preregistration is required.

Yoga Nidra

10:30 to 11:30 a.m., Tuesdays for 6 weeks beginning Nov. 3

Yoga means union and Nidra means sleep. Yoga Nidra is a sleep-based meditation technique that brings one from a state of awake to one of deep relaxation. Learn to disengage from stress-producing thoughts and allow your body to naturally and deeply restore itself. Yoga Nidra can restore energy and health and address stress-related issues. Optional supplies to bring: yoga mat, blanket, pillow, eye pillow and towel. Chairs available if preferred. The class is \$47 (non-resident \$56), and preregistration is required.

Yogalates

5:30 to 6:30 p.m., Tuesdays & Thursdays for 4 weeks beginning Nov. 10

A system of pilates and yoga that enhances core strength, balance and flexibility through breath and flow. Class includes utilization of equipment for proper alignment, including pilates bands and rings, blocks, balls, straps and foam rollers. Wear appropriate attire. No class Nov. 24 & 26. The class is \$55 (non-resident \$66), and preregistration is required.

Oil/Acrylics Painting

9 a.m. to 12 p.m., Tuesdays for 6 weeks beginning Nov. 3,

at the Foothills Recreation & Aquatics Center, 5600 W. Union Hills Dr.

Color composition, brush strokes and more are highlighted. Expect lively class interaction in a relaxed atmosphere. Instructor will call with supply list, or call 623-974-4699. The class is \$66 (non-resident \$76), and preregistration is required. Call 623-930-4600 or visit www.glendaleaz.com/parksandrecreation to register.

***Tell Your Story: NaNoWriMo**

Have you committed to writing a novel in 30 days during National Novel Writing Month? Join us at our write-in programs! Want to know more about NaNoWriMo? Kids and teens 17 and under can register for the Young Writers Program at <http://ywp.nanowrimo.org/>, while those 18 and older can register at <http://nanowrimo.org/>.

Weekly Write-In for Teens

4 p.m., Tuesdays, Nov. 3-24, at the Foothills Branch Library, 19055 N. 57th Ave.

Gather to write stories, bounce ideas off each other, and share ideas. The library will provide laptops (please bring your own storage device to save your work), paper, pens, pencils, and of course, snacks! For teens, ages 12-18. For more information, call 623-930-3837.

All Ages Write-In

5 to 7:30 p.m., Monday, Nov. 9, at the Glendale Main Library, 5959 W. Brown St.

Bring your own laptop, tablet, notebook, or stack of loose-leaf paper and enjoy the quiet-ish camaraderie of your fellow writers. Space is limited, so first-come, first-served. For more information, call 623-930-3537.

Teen Write-In

5 to 7:30 p.m., Wednesday, Nov. 18, at the Glendale Main Library, 5959 W. Brown St.

Bring your own laptop, tablet, notebook, or stack of loose-leaf paper and enjoy the quiet-ish camaraderie of your fellow teen writers (ages 12-18). Prizes and drawings will happen every 30 minutes, so don't miss out! For more information, call 623-930-3537.

Mystery Shopping

10 a.m. to 2 p.m., Wednesday, Nov. 4, at the Glendale Adult Center, 5970 W. Brown St.

Looking for extra income? Imagine eating at a restaurant or going to the movies and getting paid to do it. Learn what mystery shopping is, how to get started, get assignments and evaluate places such as restaurants, movie theaters, etc. Class is based on instructor's 15 years of experience in the field. Ages 18+. Registration is \$35 (non-resident \$42), and preregistration is required. Call 623-930-4600 or visit www.glendaleaz.com/parksandrecreation to register.

***Tell Your Story: Secrets of the Egyptian Mummy**

3:30 to 4:30 p.m., Wednesday, Nov. 4, at the Glendale Main Library, 5959 W. Brown St.

Stories of an ancient curse surround the mysteries of the Egyptian mummy, buried in a dazzling sarcophagus! Do you dare open the door to this adventure? What stories will you tell? This adventure is first come, first served, for ages 5-12. For more information, call 623-930-3537.

Language Learning Conversation Groups

Conversational English

3:30 to 5:30 p.m., Wednesdays, Nov. 4, 18, & 25 at the Velma Teague Branch Library, 7010 N. 58th Ave.

Need to practice your English language skills? Join us for weekly informal conversational circles for non-native English speakers. For more information, call 623-930-3440.

French Conversation Group

6:30 p.m., Tuesdays, Nov. 10 & 24, at the Foothills Branch Library, 19055 N. 57th Ave.

Join this new group for topical discussions in French. For French speakers at all levels of proficiency. For information, call 623-930-3844.

Spanish Conversation Group

3 to 5 p.m., Saturday, Nov. 14, at the Foothills Branch Library, 19055 N. 57th Ave.

Join this new group for topical discussions in Spanish. For intermediate and advanced Spanish speakers. For information, call 623-930-3844.

Glendale Library Coffeehouse

6:30 p.m., Wednesday, Nov. 4, at the Foothills Branch Library, 19055 N. 57th Ave.

6:30 p.m., Thursday, Nov. 12, at the Glendale Main Library, 5959 W. Brown St.

Join us for live acoustic music from local musicians. Nov. 4: Gene Burkhart & Friends – country; Cinder Mountain – bluegrass. Call 623-930-3844 for more information. Nov. 12: Skunk Creek Railroad – folk, country, blues, rock & roll and a touch of reggae. Call 623-930-3573 for more information.

Brown Bag Booktalk

1:15 p.m., Thursday, Nov. 5, at the Velma Teague Branch Library, 7010 N. 58th Ave.

You bring your lunch and we'll bring the coffee and some fresh-brewed book recommendations. Feel free to bring a book to share with the group. For more information, call 623-930-3430.

***Tell Your Story: Story Maps**

6 p.m., Thursday, Nov. 5, at the Velma Teague Branch Library, 7010 N. 58th Ave.

Kids, ages 7-12, are invited to create a three-dimensional story map based on a popular children's book! The library will provide the craft materials, you'll provide the imagination. For more information, call 623-930-3437.

***Live at the Library: The Storytellers**

6:30 p.m., Thursday, Nov. 5, at the Glendale Main Library, 5959 W. Brown St.

Annie Moscow presents a musical tribute to some of the great storytelling songwriters of the 60s & 70s, including James Taylor, Joni Mitchell and Carole King. For more information, call 623-930-3573.

Ballroom Dance

**7:45 to 8:45 p.m., Thursdays for 6 weeks beginning Nov. 5,
at the Foothills Recreation & Aquatics Center, 5600 W. Union Hills Dr.**

Learn a variety of popular ballroom dances for couples, frequently performed at social events and celebration parties. Expand your dancing skills while learning the basics of the Waltz, Foxtrot and Tango, taught by experienced ballroom dance instructor, Jason Dalaly. Impress your friends and family at your next event or party with your smooth and skillful dance moves. Geared for couples. Wear hard-soled shoes that will slide. No class Nov. 26. The class is \$39 (non-resident \$49), and preregistration is required. Call 623-930-4600 or visit www.glendaleaz.com/parksandrecreation to register.

Glass Jewelry

6:30 to 8 p.m., Friday, Nov. 6, at the Foothills Recreation & Aquatics Center, 5600 W. Union Hills Dr.

Create a set of jewels as unique as you with the guidance of a glass artist. Colored glass is layered and kiln fired to create several beautiful glass pendants to keep or to give as gifts. Glass cutting and design aesthetic for glass fusing is taught. Ages 12+. \$25 supply fee will be collected at class. The class is \$59 (non-resident \$69), and preregistration is required. Call 623-930-4600 or visit www.glendaleaz.com/parksandrecreation to register.

Sportball - Basketball (Indoors)

9 to 10 a.m., Saturdays for 6 weeks beginning Nov. 7, at the Foothills Recreation & Aquatics Center, 5600 W. Union Hills Dr.

Using Sportball's cutting edge methodology, highly trained instructors introduce children, ages 3-6, to the exciting sport of basketball. This industry-leading program does not require parent participation, instilling confidence through independent success in a fun, high energy environment. Coaches recognize and teach to a child's individual skill level, allowing each child to progress in-line with their abilities regardless of age. All equipment is provided. No class Nov. 28. The program is \$73 (non-resident \$83), and preregistration is required. Call 623-930-4600 or visit www.glendaleaz.com/parksandrecreation to register.

Soccer: Skills Training by B.E.S.T.

**9:15 to 10 a.m. (ages 3-6) or 10:15 to 11 a.m. (ages 18 months-2 years), Saturdays for 6 weeks beginning Nov. 7,
at the Foothills Recreation & Aquatics Center, 5600 W. Union Hills Dr.**

Our skill building, weekly soccer program will engage your kids, ages 18 months - 6 years, in the world of soccer by presenting dribbling, kicking, throw-ins, headers, goalie skills (age permitting), scrimmaging and more activities that are fun WHILE learning. Please bring a soccer ball with your child's name on it, a water bottle, and lots of energy! This is a non-parent participation class unless your child is 2 years and under. No class Nov. 28. The program fee is \$70 (non-resident \$80), and preregistration is required. Call 623-930-4600 or visit www.glendaleaz.com/parksandrecreation to register.

Glendale Xeriscape Garden Walk & Talk

10 a.m. to 12 p.m., Saturday, Nov. 7, at the Glendale Main Library, 5959 W. Brown St.

Question: Where can you find a collection of over 400 species of desert-adapted plants in the West Valley? Answer: At the award-winning Glendale Xeriscape Demonstration Garden! Start off the day with a slideshow on how the Glendale Xeriscape Garden has evolved over the past 25 years. Stay for a guided tour of the garden led by the Glendale Conservation & Sustainable Living staff. For more information and to register, call 623-930-3760.

Sportball – Multi-Sport (Indoors)

Saturdays for 6 weeks beginning Nov. 7, at the Foothills Recreation & Aquatics Center, 5600 W. Union Hills Dr.

Using Sportball's cutting edge methodology, highly trained instructors introduce children to a new sport each week. Sports include soccer, t-ball, football, basketball, volleyball, hockey, tennis and golf. All equipment is provided. No class Nov. 28. Each program is \$73 (non-resident \$83), and preregistration is required. Call 623-930-4600 or visit www.glendaleaz.com/parksandrecreation to register.

Juniors - Parent & Child (Ages 16 months – 2 years)

10:15 to 11 a.m.

Children (Ages 3-6)

11 a.m. to 12 p.m.

Sports Preview: Multi-Sports by B.E.S.T

**11:15 a.m. to 12 p.m. (ages 2-3) or 12:15 to 1 p.m. (ages 3-6), Saturdays for 6 weeks beginning Nov. 7,
at the Foothills Recreation & Aquatics Center, 5600 W. Union Hills Dr.**

Expose your player, ages 2-6, to 3 core sports of soccer, baseball and basketball (in that order). Two weeks of each sport will offer you the flexibility to see which sport your child likes best and just have fun. We begin the session with soccer, so please bring a size #3 or #4 soccer ball. For baseball, bring a baseball glove and baseball batting tee, and for basketball, bring a junior size basketball. B.E.S.T. supplies the rest of the equipment and the fun skill building games and activities. This is a non-parent participation class. No class Nov. 28. The program fee is \$70 (non-resident \$80), and preregistration is required. Call 623-930-4600 or visit www.glendaleaz.com/parksandrecreation to register.

Authors @ the Teague

At the Velma Teague Branch Library, 7010 N. 58th Ave.

For more information, call 623-930-3440.

Anne Wilson

1 p.m., Saturday, Nov. 7

A U.S. Naval Academy graduate and veteran helicopter pilot, Wilson will discuss her debut novel, *Hover*. In *Hover*, Sara Dunning, also one of the first female Naval helicopter pilots, must use all her skills while supporting SEAL missions in the Gulf. Books will be available for purchase and signing.

Poisoned Pen Press Authors

6:30 p.m., Thursday, Nov. 19

Come meet Donis Casey, Eileen Brady, and maybe more! Books will be available for purchase and signing.

The Nuts & Bolts of Safe Hiking: Be Prepared

1 to 4:30 p.m., Sunday, Nov. 8, at the Foothills Recreation & Aquatics Center, 5600 W. Union Hills Dr.

One of the most popular activities in our area is hiking. Desert survival skills and tips for safe hiking in this 2-hour class will prepare you to enjoy fun and healthy times while on the trails. A self-evaluation at the end of class will reveal what you've learned. We will then leave for an actual short hike, approximately 1 hour, at Thunderbird Conservation Park. Pack a light bite to eat and drink after class. Make new friends. Get out and see some (we hope) wildlife that inhabits the mountains. Know about the cacti and what to do when approached by desert critters. Loaner backpacks are given out for the short hike portion. Please wear hiking shoes/boots or hard soled shoes or sneakers with good tread. A wide brimmed hat, long sleeved light colored shirt (not yellow or gold) and thick socks are suggested. An adult must accompany children under the age of 17. You'll be ready to find a suitable trail based on your ability, knowledge and experience after the class and hike. The class is \$39 (non-resident \$44), and preregistration is required. Call 623-930-4600 or visit www.glendaleaz.com/parksandrecreation to register.

Jump Start Fitness

5:35 to 6:35 a.m., Mondays, Wednesdays, & Fridays for 6 weeks beginning Nov. 9,

at the Foothills Recreation & Aquatics Center, 5600 W. Union Hills Dr.

Get a jump start on your day with a workout that will challenge, motivate and change the way you feel! Whether new to fitness or looking for a break from your old routine, this class offers full-body workouts that will give you energy and help you reach your fitness goals. Take advantage of the special bonus workout days during the session. No class Nov. 11 & 27. The class is \$160 (non-resident \$170), and preregistration is required. Call 623-930-4600 or visit www.glendaleaz.com/parksandrecreation to register.

Country Dance – Arizona Two-Step

7:45 to 8:45 p.m., Mondays for 6 weeks beginning Nov. 9,

at the Foothills Recreation & Aquatics Center, 5600 W. Union Hills Dr.

Learn the Arizona Two-Step, how to lead and follow, turns and more! If you are a beginner, and would like to master the basics before progressing to a public dance floor, this class is for you. Wear hard-soled shoes that will slide. The class is \$39 (non-resident \$49), and preregistration is required. Call 623-930-4600 or visit www.glendaleaz.com/parksandrecreation to register.

Container Gardening Basics

10 a.m. to 1 p.m., Tuesdays for 2 weeks beginning Nov. 10, at the Glendale Adult Center, 5970 W. Brown St.

This course will cover the basics of growing organic fruits and vegetables in containers and/or raised beds. Topics will include choosing containers, potting mixes/soil, seeds and using soil amendments and fertilizers. Second week of class will be a hands-on class. No previous gardening experience needed. Instructor will collect \$5 supply fee at first class. The class is \$45 (non-resident \$54), and preregistration is required. Call 623-930-4600 or visit www.glendaleaz.com/parksandrecreation to register.

***Go Mobile: Chess Club**

3:30 to 4:30 p.m., Tuesdays, Nov. 10-Dec. 29, at the Glendale Main Library, 5959 W. Brown St.

Play chess on a tablet! Hone in your awesome chess skills by practicing with teens who are chess-minded, or play against the computer to really up your skill. For teens, ages 12-18. For more information, call 623-930-3537.

Book Craft Series: Device or Notebook Covers

6 p.m., Tuesday, Nov. 10, at the Foothills Branch Library, 19055 N. 57th Ave.

Time to get crafty! Make covers to hold electronic devices or notebooks from repurposed books supplied by the library. Presented by booksale volunteers. For more information and to register, call 623-930-3844 or visit www.glendaleaz.com/library.

***Tell Your Story: Family Videos**

10 a.m., Saturday, Nov. 14, at the Velma Teague Branch Library, 7010 N. 58th Ave.

Learn how to use your home videos, personal photos, and favorite music to tell your family's story in a visually compelling way. Film scholar Jeannie Berg will demonstrate how to make a movie about your family history with easy-to-use movie editing software, and will provide detailed handouts. Ages 16+. For more information and to register, call 623-930-3430 or visit www.glendaleaz.com/library.

National Practice Test Day for SAT & ACT

12:30 p.m., Saturday, Nov. 14, at the Foothills Branch Library, 19055 N. 57th Ave.

Students in grades 9-12 will have the opportunity to take a practice test that combines both SAT & ACT questions. Registration begins 10/12. For more information and to register, call 623-930-3837 or visit www.glendaleaz.com/library.

***Tellabration! Stories from the Heart of Arizona: A Celebration of the Art of Storytelling**

1 to 4 p.m., Saturday, Nov. 14, at the Glendale Main Library, 5959 W. Brown St.

Join us for the first Tellabration festival held at the Glendale Public Library! This event – envisioned as a means of building community – is free and open to tellers and audiences of all ages, and includes workshops, lectures and discussions. Featured presenters at this event are Tony Norris, Dorothy Daniels Anderson, and Megan Finnerty. In addition, children and the young-at-heart can enjoy stories in the “Dragon’s Lair” all afternoon. For more information, call 623-930-3573.

***Tell Your Story: Create Your Own Video Game**

3 to 5 p.m., Saturday, Nov. 14, at the Velma Teague Branch Library, 7010 N. 58th Ave.

Video games are more than just games. They are based on a story with characters, plots, settings and much more. In this after-hours library event, learn from experts how they used stories to create their own video games, plus how to create your own video game on the computer! For teens, ages 12-18. Registration begins 10/17. For more information and to register, call 623-930-3437 or visit www.glendaleaz.com/library.

Monday Matinees @ the Teague: *The Way We Get By*

2 p.m., Monday, Nov. 16, at the Velma Teague Branch Library, 7010 N. 58th Ave.

Honor our nation's veterans with this screening of the Emmy-nominated PBS documentary *The Way We Get By*, an intimate look at senior citizens who have greeted over 900,000 American troops at a tiny airport in Bangor, Maine for the past 5 years. For more information, call 623-930-3440.

***Tell Your Story: Life Reimagined**

6:30 p.m., Monday, Nov. 16, at the Glendale Main Library, 5959 W. Brown St.

If your life was a story, would you be satisfied with the plot line? It's never too late to dust off a few dreams and take the next step in designing your life story. Reflect on aspirations and goals, harness your underlying personal strengths, and get tools and inspiration to take positive action. An inspiring workshop presented in partnership with AARP Real Possibilities. Space is limited to the first 20 participants, first come, first served. For more information, call 623-930-3530.

Holiday Stress and the Blues

6:30 p.m., Tuesday, Nov. 17, at the Foothills Branch Library, 19055 N. 57th Ave.

Don't lose focus on the joys of the season. Learn to identify common stress triggers, and nip those “holiday blues” in the bud! Presented by Melissa Flint, Psy.D., of Midwestern University. For more information, call 623-930-3868.

Getting Crafty with Miss Janet

4 to 5 p.m., Thursday, Nov. 19, at the Velma Teague Branch Library, 7010 N. 58th Ave.

Come and join in the fun! Create a cool craft to keep or give as a gift! Crafters younger than 6 years old will need an adult helper. This month: cornucopia woven placemats. For more information, call 623-930-3437.

***Tell Your Story: An Open Mic Event**

6:30 to 7:30 p.m., Thursday, Nov. 19, at the Glendale Main Library, 5959 W. Brown St.

Share your poetic thoughts by telling your story at our Open Mic event! Bring your musical instruments, your favorite poems, or your best narratives and listen to others while enjoying some delicious treats. For teens, ages 12-18. For more information, call 623-930-3537.

Chiles Rellenos

1:30 to 5:30 p.m., Saturday, Nov. 21, at the Foothills Recreation & Aquatics Center, 5600 W. Union Hills Dr.

Learn to make the most delicious, authentic Mexican chiles rellenos from scratch. Discover how to select and roast the peppers, prepare the egg wash coating, and make the sauce. Mexican rice will also be made to accompany the chiles rellenos. Prepare a dinner

to take home for 2 people. Instructor will collect \$20 supply fee. The class is \$29 (non-resident \$35), and preregistration is required. Call 623-930-4600 or visit www.glendaleaz.com/parksandrecreation to register.

***Tell Your Story: Mask Making**

4 p.m., Monday, Nov. 23, at the Foothills Branch Library, 19055 N. 57th Ave.

Join Miss Stephanie and make a great mask, then develop a character to correspond with it. Ages 7-11. Registration begins 11/9. For more information and to register, call 623-930-3837 or visit www.glendaleaz.com/library.

Gift-Wrapping Fundraiser

5 p.m. to closing, Friday, Nov. 27, Sunday, Dec. 13, & Sunday, Dec. 20, at the Arrowhead Barnes & Noble, 7685 W Bell Rd.

Give a gift to the library as we gift-wrap your presents! The Friends will be gift-wrapping outside the Arrowhead Barnes & Noble store in exchange for donations to the Friends of the Glendale Public Library. The Friends will wrap anything within reason (no elephants, please!) and will accept any donation amount offered. If you're one of the "wrapping challenged" or just busy with the holidays, take your shopping to the Friends and make everyone happy. For more information, call 623-930-3530.

Get Hooked on Crocheting

12 p.m., Saturday, Nov. 28, at the Velma Teague Branch Library, 7010 N. 58th Ave.

Learn new crocheting stitches, review past lessons, share techniques, or work on group or personal projects. This month: popcorn stitch coffee cozy. Ages 15+. For more information, call 623-930-3430.

**Tell Your Story @ Your Library & Go Mobile: Tell Your Story programs explore storytelling in all its forms. Go Mobile programs increase technology skills and digital literacy. Programs for all ages will take place throughout 2015-2016. This project is supported by the Arizona State Library, Archives and Public Records, a division of the Secretary of State, with federal funds from the Institute of Museum and Library Services. For more information, visit www.glendaleaz.com/library.*